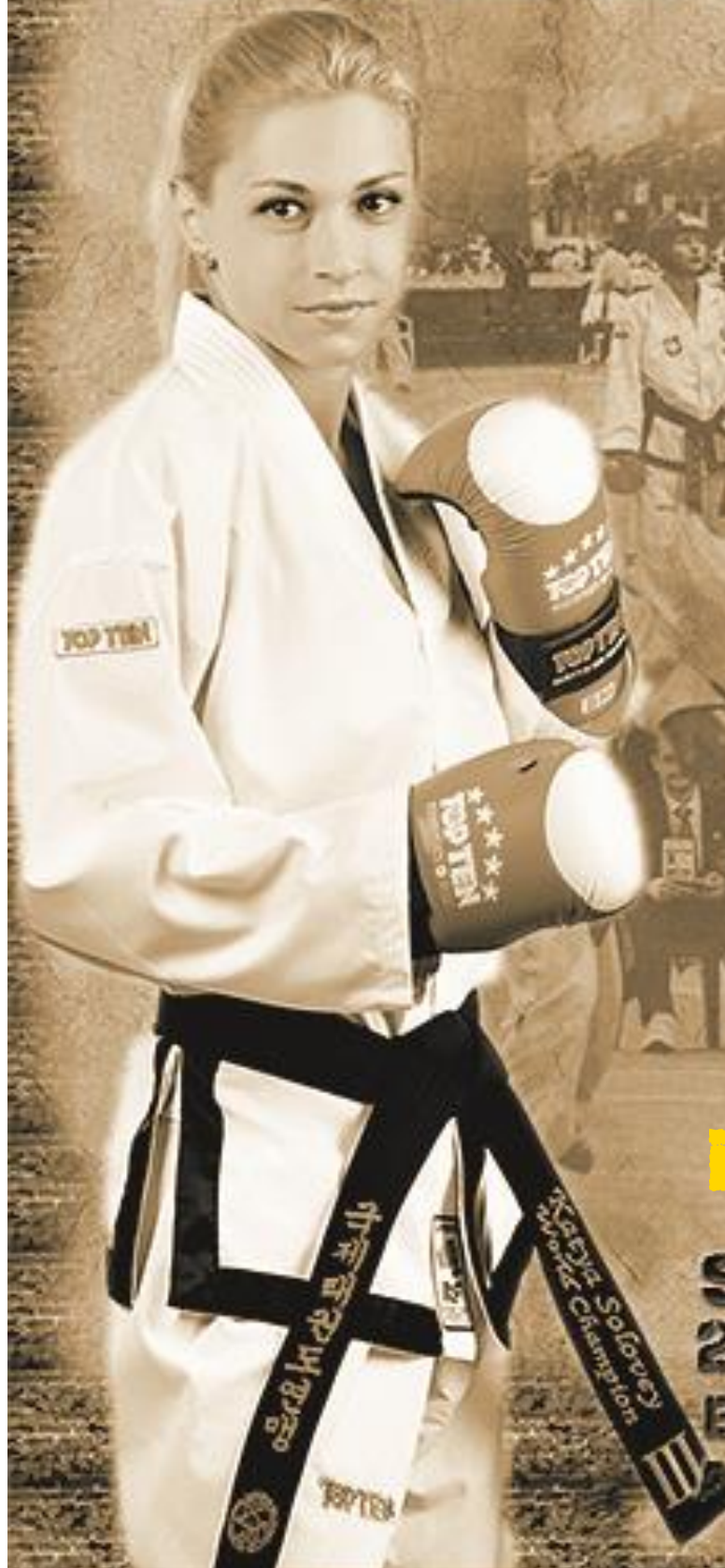


# KATYA SOLOVEY



**SEMINAR**  
**INFORMATION**

**SEMINAR**  
**20<sup>TH</sup> 21<sup>ST</sup> JUNE 2015**  
**BEACH LEISURE CENTRE**  
**ABERDEEN SCOTLAND**

Northern Taekwon-Do Academies  
33 South Esplanade West  
Aberdeen AB11 9AA  
Scotland, UK

3<sup>RD</sup> April 2015

Dear Masters and Instructors,

**Miss Katya Solovey Seminar, Aberdeen, Scotland 20-21 June 2015**

Please find enclosed details of our sparring seminar with Miss Katya Solovey III and assisted by Miss Viktoriia Sokolovska II. Miss Solovey needs no introduction and her partnership with her husband Sabum Oleg, in launching their Fight Evolution Programme has been widely received around the World.

Here in the NE of Scotland we are very excited to host the:

- 2 times ITF World champion
- 9 times ITF European champion
- 2 times ITF World cup champion
- 2 times ITF European cup champion
- 3 times WAKO World champion
- 2 times WAKO European champion
- 4 times WAKO World cup champion
- WAKO World cup 2012 light-contact best fighter

to our small part of the country during the weekend of Saturday 20<sup>th</sup> and Sunday 21<sup>st</sup> June 2015 and we extend this invitation for participation to all ITF members. We intend to have three seminars of the weekend to allow all ages and grades the experience of training with one of the foremost female sparring competitors in the ITF and who also extended her Taekwon-Do success to the WAKO kickboxing circuit.

Miss Solovey, ably assisted with Miss Sokolovska, will essentially determine the seminar contents but it will be based upon ITF sparring systems, drills and conditioning exercises that have made her the great champion that she is.

Please review the adjoining Information pages in this handout for further details.

Yours sincerely,



Master Gordon Wallace VIII  
Northern Taekwon-Do Academies (NTA)

## SEMINAR DETAILS

### VENUE

The venue will be the Beach Leisure Centre, Sea Beach Aberdeen, AB24 5NR, Scotland UK and it is the same venue that we had the 100 IIC in.

<http://www.sportaberdeen.co.uk/venues/beach-leisure-centre/>

### SATURDAY SESSION

#### SEMINAR ONE & TWO

10:30 – 11:00 Hall Open and registration for 1<sup>st</sup> Seminar

11:00 – 12:30 **SEMINAR ONE ALL GRADES WHITE – BLUE (3<sup>rd</sup> KUP)** (Under 13 yrs. All participants must have sparring equipment and should bring one training pad with them) Plus photo session

12:30 – 13:30 Break for Lunch

13:30 – 14:00 Registration for 2<sup>nd</sup> Seminar

14:00 – 16:00 **SEMINAR TWO ALL GRADES** (13 yrs and over. All participants must have sparring equipment and should bring one training pad with them)

16:00 – 16:30 Photo Session

### SUNDAY SESSION

#### SEMINAR THREE

12:00 – 12:30 Hall open and Registration for 3rd Seminar

12:30 – 15:00 **SEMINAR THREE 2<sup>nd</sup> Kups and BLACKBELTS ONLY** (All ages. All participants should bring one training pad with them)

15:00 – 15:30 Photo Session

### ADMINISTRATION AND CONTACT

All applications queries should go to Mrs Jacqui Wallace III at [admin@ntaevents.co.uk](mailto:admin@ntaevents.co.uk)

All seminar queries should go to Master Gordon Wallace VIII at [info@ntaevents.co.uk](mailto:info@ntaevents.co.uk)

## SEMINAR REGISTRATION

Entry to the seminar will be by pre-paid ticket that is available only through the Organising Committee.

### NOTES

**Seminar One and Two will be limited to 100 people per seminar** and will be booked on a first come first served basis. Confirmation of your places will be done when the seminar fees are received in the NTA Account. Your instructor will be given an email confirmation and we will send out the participation tickets

**Seminar Three for Red and Blackbelts will be limited to 65** in order to give all attendees more focused training with Miss Solovey. Red and blackbelts can also attend seminar two on Saturday afternoon and as extra session but not as an alternative.

All registrations must be done through instructor or group as we cannot accept individual applications from students.

### INSCRIPTION FEE

SEMINAR ONE	UNDER 13 yrs WHITE to BLUE BELT	£20
SEMINAR TWO	WHITE TO BLUE	£25
SEMINAR THREE	RED and BLACK	£30
SEMINARS 2 & 3*	RED and BLACK	£40

\*Red and black belts may attend Seminar Two as an add on but not as an alternative.

### ACCOMMODATION

The Seminar Organising Committee is not responsible for any accommodation bookings. Should you require accommodation there are an array of budget hotels within the City Centre area.

### BUDGET HOTELS

There are a range of budget hotels:

[www.premierinn.com/](http://www.premierinn.com/)

[www.travelodge.co.uk](http://www.travelodge.co.uk)

[www.ibis.com/gb/united-kingdom/index.shtml](http://www.ibis.com/gb/united-kingdom/index.shtml)

The following central hotels are not far from the Seminar Venue

[www.jurysinns.com/hotels/aberdeen](http://www.jurysinns.com/hotels/aberdeen)

[www.aberdeendouglas.com/](http://www.aberdeendouglas.com/)

### WEB HOTEL FINDERS

In addition to those listed and I am sure you will have your own web finder preferences, but here is one that we use:

[www.booking.com](http://www.booking.com)