



Dear Instructors and students,

We have the great pleasure to invite you all to Sabum Niel Ernest sparring seminar. 2x World Champion, 3x European Champion, King of Taekwon-Do 2001.

Winner of 19 individual European and World Championships Medals

Mr Ernest is known for his extremely technical sparring style and his amazing sense of distance and timing.

The seminar will take place in Tampere on the 15-16.2.2020

We warmly welcome you to Tampere and hope that you will enjoy every minute of that unique experience.

Best Regards,

Master Thierry Meyour
VII Degree
Black Eagle Taekwon-Do Head Instructor.
More information: betkdseminars@gmail.com

1- GENERAL INFORMATION

The seminar's content is planned by Mr Ernest, but the main themes will be:

- Sparring drills, hand-legs combo, distance management.

IMPORTANT: Tatamis will be used.

The seminar is open to all ITF Finland members 11 y.o and above with a valid license from 8 Gup and above. Only 100 Places are available.

Make sure you have your license is purchased and activated before the registration deadline you choose (see §3).

Dates: 15-16.3.2020

Place:

Pohjois-Hervannan Koulu

Opiskelijankatu 29

33720 Tampere, Finland

2- SEMINAR SCHEDULE:

Saturday:

10.30-12.00: Seminar

12.00-13.30: Break

13.30-15.00: Seminar

15.00-15.30: Photo Session

15.30-17.00: Seminar (Red and Black Belts).

Sunday:

10.30-12.00: Seminar

12.00-13.30: Break

13.30-15.00: Seminar

15.00-15.30: Q&A

3- SEMINAR FEE AND PAYMENT INFORMATION:

Fee:

EARLY BIRD (REGISTERED AND PAID BY THE 09.12.2019)

35€/whole seminar or 20€/1 day

RUSH (REGISTERED AND PAID BY THE 10.01.2020)

50€/whole seminar or 35€/1 day

LATE (REGISTERED AND PAID BY THE 13.02.2020)*

70€/whole seminar or 40€/1 day

*Only if places are available

Payment should be made through your club and NOT as individuals. Payment should **APPEAR** on our school's account latest on the deadline you choose:

Black Eagle Taekwon-Do:

IBAN: FI03 1682 3500 0118 01

In message box state the amount of participants as well as the deadline chosen.

Cancellation/modification policy (Any reason):

Cancellation after payment received:

Before 07.02.2020: 50%

After 03.03.2020: No refund

Switching participant can be done. So we highly recommend switching than cancelling.

4- OTHER INFO:

- Spectators are not allowed unless they pay the full seminar fee.
- Filming is permitted but online publishing is not allowed without the prior consent of the organizer.

5- REGISTRATION:

REGISTRATION DONE THROUGH ITF FINLAND'S DATABASE (you can get your credentials from Mr Lasse Kuusisto: lasse.kuusisto@taekwon-do.fi):

www.taekwon-do.fi/ilmoittautuminen

Only 100 places

More information: betkdseminars@gmail.com

DON'T MISS THIS EVENT, REGISTER NOW!!!

WELCOME!!!