



# BATTLE <sup>OF</sup> THE LOWLANDS



21 SEP 2019

[www.hwa-rangdo.nl](http://www.hwa-rangdo.nl)

SPARRING & PATTERNS



BATTLE OF THE LOWLANDS  
2019

Topsportcentrum Almere  
Pierre De Coubertinplein 4  
1362 LB Almere



# **Taekwon-Do Vereniging Hwa Rangdo Dronten - Biddinghuizen - Zeewolde**

[www.hwa-rangdo.nl](http://www.hwa-rangdo.nl)

[wedstrijdcoordinator@hwa-rangdo.nl](mailto:wedstrijdcoordinator@hwa-rangdo.nl)

<https://www.facebook.com/Battle-of-the-Lowlands-836077856726584>



## **Individual Patterns and Sparring (from 10<sup>e</sup> Gup) Youth / Juniors / Seniors**

- Date** : Saturday September 21<sup>st</sup> 2019
- Location** : Topsportcentrum Almere  
Pierre de Coubertinplein 4  
1362 LB Almere – The Netherlands
- Sports Hal open** : 08:30 hours
- 1<sup>e</sup> Weight** : 09:15 – 09:45 hours
- 2<sup>e</sup> Weight** : latest 11:30 hours
- Referee meeting** : 09:15 hours
- Coach meeting** : 09:30 hours
- Line up** : 09:50 hours
- Start** : 10:00 hours
- Entrance Fee** : till 13 years € 2,= // from 14 years € 5,=
- Medal reward / ceremony** : After the Poule, on the Stage

## Poule Schedules

### Patterns

#### Category

Youth	- Boys / Girls	- till 13 years	A-Class	- Black belts
Junior	- Male / Female	- 14 till 17 years	B-Class	- 4 <sup>th</sup> till 1 <sup>st</sup> Gup
Seniors	- Male / Female	- from 18 years	C-Class	- 10 <sup>th</sup> till 5 <sup>th</sup> Gup
Veteran	- Male / Female	- 35 years and up		

#### Pattern overview per Grade

Youth Boys / Girls : 10<sup>th</sup> – 8<sup>th</sup> Gup / 7<sup>th</sup> – 5<sup>th</sup> Gup / 4<sup>th</sup> – 1<sup>st</sup> Gup / 1<sup>st</sup> – 2<sup>nd</sup> Dan

Junior Male / Female : 10<sup>th</sup> – 8<sup>th</sup> Gup / 7<sup>th</sup> – 5<sup>th</sup> Gup / 4<sup>th</sup> – 1<sup>st</sup> Gup / 1<sup>st</sup> – 3<sup>rd</sup> Dan

Senior / Female : 10<sup>th</sup> – 8<sup>th</sup> Gup / 7<sup>th</sup> – 5<sup>th</sup> Gup / 4<sup>th</sup> – 1<sup>st</sup> Gup / 1<sup>st</sup> Dan / 2<sup>nd</sup> Dan / 3<sup>rd</sup> Dan  
4<sup>th</sup> Dan and up

Veteran Male / Female : 10<sup>th</sup> – 8<sup>th</sup> Gup / 7<sup>th</sup> – 5<sup>th</sup> Gup / 4<sup>th</sup> – 1<sup>st</sup> Gup / 1<sup>st</sup> Dan / 2<sup>nd</sup> Dan / 3<sup>rd</sup> Dan  
4<sup>th</sup> Dan and up

#### Colored belts

10<sup>th</sup> Gup: designated pattern: SAJU JIRUGI or SAJU MAKGI.

9<sup>th</sup> Gup: designated pattern: SAJU JIRUGI, SAJU MAKGI or CHON-JI PATTERN.

8<sup>th</sup> Gup: designated pattern: SAJU JIRUGI, SAJU MAKGI to DAN-GUN PATTERN.

7<sup>th</sup> Gup: designated pattern: SAJU JIRUGI, SAJU MAKGI to DO-SAN PATTERN.

6<sup>th</sup> Gup: designated pattern: from CHON-JI to WON-HYO.

5<sup>th</sup> Gup: designated pattern: from CHON-JI to YUL-GOK.

4<sup>th</sup> Gup: designated pattern: from CHON-JI to JOONG-GUN.

3<sup>rd</sup> Gup: designated pattern: from CHON-JI to TOI-GYE.

2<sup>nd</sup> Gup: designated pattern: from CHON-JI to HWA-RANG.

1<sup>st</sup> Gup: designated pattern: from CHON-JI to CHOONG-MOO.

Competitors will compete 1 to 1 and will perform simultaneously one (1) designated Pattern appropriate to their degree. The competitor with the lowest degree determines the drawing of the pattern.

#### Black belts

1<sup>st</sup> Dan: designated pattern: from CHON-JI to GE-BAEK.

2<sup>nd</sup> Dan: designated pattern: from CHON-JI to JUCHE.

3<sup>rd</sup> Dan: designated pattern: from CHON-JI to CHOI-YONG.

4<sup>th</sup> - 6<sup>th</sup> Dan: designated pattern: from CHON-JI to MOON-MOO.

Competitors will compete 1 to 1 and will perform simultaneously two (2) designated Patterns appropriate to their degree. The first designated pattern will be one of the last three patterns regarding the level of degree. The second designated pattern is from pattern Chon-Ji to the level of degree until next graduation.

## **Sparring**

### **Individual Patterns**

Youth boys/girls	: -130, -140, -150, -160, -170, +170 cm
Junior Female	: -45, -50, -55, -60, -65, +65 kg
Junior Male	: -50, -56, -62, -68, -75, +75 kg
Senior Female	: -50, -56, -62, -68, -75, +75 kg
Senior Male	: -57, -63, -70, -78, -85, +85 kg
Veterans Female	: -62, +62 kg (merged A-/B-class, no C-class)
Veterans Male	: -70, +70 kg (merged A-/B-class, no C-class)

### **Duration**

Class	Round / Final
Youth	1x 1½ minute
Junior & Senior B - Class	1x 2 minutes
Junior & Senior A - Class	2x 2 minutes (1 minute brake)

In the case of a draw, a further one (1) minute round will take place and if it results in a further draw then the first scored point assigned by at least two (2) Referees at the same split second will decide who the winner is.

### **Safety equipment**

Competitors must wear hand, feet and head safety equipment. Groin guards must be worn inside the Dobok trousers – male only. Mouth guards being of a transparent color.

Competitors may, optionally, wear the following: Shin protectors. Breast protectors - for female only - and must be worn inside the Dobok jacket. These all being of an approved type consisting of elasticised material with sponge or rubber type padding and containing no metal, bone or hard plastic (accept for groin guards and breast protectors), the use of zip, lace or stud fasteners is forbidden. No jewelry, watches or other adornments may be worn, hair may be kept in place using a material of a soft elastic nature only, no grips or slides are allowed.

### **Score – Tournament rules**

As described in the tournament rules of the ITF:

<https://www.itf-nederland.nl/wp-content/uploads/2019/02/WSC-Wedstrijdreglement.pdf>

### **Tournament system**

C Class: point-stop semi-contact system.

A & B Class: continuous semi-contact system.

## Other Information

### Liability

All competitors must have valid Insurance cover to compete as the hosting organisation will not be held responsible for any injury or eventuality incurred during the event.

The host of the event has the responsibility of accident insurance and third party insurance for the tournament, but cannot be held liable for more than the insurance covers.

### Coaches

- Coaches need to be dressed in a training suit with indoor sport shoes
- Minimum age: 16 year

Number of coaches:

- up to 5 competitors : max 2 coaches
- up to 12 competitors : max 3 coaches
- up to 18 competitors : max 4 coaches
- up to 25 competitors : max 5 coaches
- up to 26 or more competitors : max 6 coaches

### Registration

Registration will take place via [www.sportdata.org/taekwondo\\_itf](http://www.sportdata.org/taekwondo_itf)

Contact details:

email : [wedstrijdcoordinator@hwa-rangdo.nl](mailto:wedstrijdcoordinator@hwa-rangdo.nl)  
Phone : +31 6 1176 8571  
Website : [www.hwa-rangdo.nl](http://www.hwa-rangdo.nl)

By registering one agrees upon all rights and duties as described in the invite and tournament rules of the Battle of the Lowland.

It is the responsibility of the registrar to provide correct data. In the case of reregistering a competitor, a additional administration fee of € 10,= will be charged. This fee has to be paid immediately.

Registration closes on Friday September 6th 2019 at 20:00 hours CET.

### Registration fee

1 part: € 25,= / 2 parts: € 30,=

The registrar / school has to pay the allt the fees before Wednesday **18 September 4th 2019** via bank transfer:

\* IBAN: NL59INGB0007229241 in the name of: TAEKWON-DO SCHOOL ZEEWOLDE

\* BIC INGBNL2A

\* Refer: participant fee BotL + <name registrar / school >

- Cash payments cannot be accepted / no restitution possible / late payments will mean exclusion of the tournament

## Competition scheme

The organisation can change or deviate from the formats.

## Promotion

During the tournament the organisation will make film and photo's for promotional goals, including the use for websites, Facebook, Social media, newspapers, etc.

By registering and or visiting the tournament the registrar / school agrees with our privacy statement, which can be found at:

<https://www.hwa-rangdo.nl/privacy-reglement/>

## Protest

Only the Coach can present a protest when a decision seems to violate the rules. Each protest must be presented to the Chairman of the Umpire Committee within five (5) minutes from the end of the match. The protest must be precise and circumstantial and must be accompanied by a tax of € 50,-- in order to limit such protests to cases where decisions are really questionable.

## Referees

Each participating school has the obligation to provide a minimum number of referees with a valid license. The license structure of the ITF is used.

1 to 5 competitors	: 1 referee (D/C license)
6 to 12 competitors	: 2 referees (D/C license)
13 to 18 competitors	: 3 referees (D/C license), of which 1 center referee (B license)
18 competitors or more	: 4 referees (D/C license), of which 1 center referee (B license)

Referees need to be available during the whole tournament. A fee of € 50,= per missing referee will be charged if a registrar / school cannot provide the minimum number of referees.

More information : <https://www.hwa-rangdo.nl/battle-of-the-lowlands/>

We hope to see you on Saturday September 21<sup>st</sup> 2019 in Almere.

With kind regards,  
Robert Schoots – Tournament coordinator  
Taekwon-Do Union “Hwa Rangdo”

