NI-KKO ROMA OPEN TAEKWON-DO ITF 2021

NI-KKO Fighting Style

20/21 FEBRUARY 2021

ROMA OPEN

PALATORRINO - VIA FIUME GIALLO, 47 ROMA

Invitation

July 1st, 2020

Dear ITF Members,

In collaboration with the Italian Taekwon-Do Federation FITAE-ITF we invite you to the 6th NI-KKO ROMA OPEN TAEKWON-DO ITF 2021 that will be held in Rome, Italy, on February 20-21, 2021 according to the following daily program:

Saturday February 20th, 2021 – Junior, Senior and Veteran
Sunday February 21st, 2021 – Children and Cadets

Please receive all the necessary information to attend the NI-KKO ROMA OPEN TAEKWON-DO ITF event.

Closing of the online registration will be on Tuesday February 16th, 2021 at 23:00pm.

Electronic scoring system and large screens are available to have a professional approach.

We are looking forward to meeting you in the historical city of Rome.

EXTREMEFIGHTERS TEAM

GM Wim Bos
Master Stefano Minotti
Master Leandro Iagher
Sabum Paolo Gentile
Mrs. Tiziana Mimmocchi

extremefighters1@gmail.com

Information

Date and Place

The event will be held on:

Saturday February 20th, 2021 – Juniors, Seniors and Veterans Competition
Sunday February 21st, 2021 – Children and Cadets Competition

in the Sports Hall PALATORRINO located in Via Fiume Giallo 47, 00144 Rome (Zona Eur-Torrino).

How to arrive

The venue is easily reachable from the center of Rome by a 20 minutes travel.

- Arriving at Railway Station TERMINI (center of Rome):

  by TAXI (Note: take a regular white taxi)
  36 min (15.5 Km) / 26 min without traffic
  https://goo.gl/maps/fHBazeUJqhQ2

  by PUBLIC TRANSPORT:
  Metro B-B1 (dest. Laurentina), get off at Eur Palasport and take bus 777 to Palatorrino
  (tot. 50 min.)

- Arriving at Leonardo da Vinci International Airport:

  by TAXI (Note: take a regular white taxi)
  17 min (19.5 km)
  https://goo.gl/maps/AC9zLvcTR1w

  by PUBLIC TRANSPORT:
  FL1 FC2 777 (1 h 20 min, not advisable due to three interchanges)

- Arriving at Ciampino Airport:

  by TAXI (Note: take a regular white taxi)
  20 min. (19 km)
  https://goo.gl/maps/G8JFXHc1HvJ2

  N.B.: Click HERE to plan your traveling in Rome by public transport.

Accommodation

Participants may find their own accommodation in the area of the sports hall:

- Sheraton Parco de’ Medici Rome Hotel
- Holiday Inn Rome - Eur Parco Dei Medici
- Rome Marriott Park Hotel
- Novotel Roma Eur

In addition, many B&B are available around the venue.

The Sports Hall PalaTorrino

The Sports Hall **PALATORRINO**, located in Via Fiume Giallo, 47, 00144 Rome (Zona Eur-Torrino), hosts many national martial arts events.
Main Sponsor

NI-KKO

www.nikkoshop.it

Competition

Competitors must be in possession and accept the following in order to participate:

- ITF dobok
- To accept the competition rules.
- To accept that the organizers may modify a division and/or category based on the numbers of competitors.
- Medals will be given to 1st, 2nd and one 3rd place winner.
- For other matters, the ITF competition rules will be observed.

Age Divisions - AGE IS BASED ON BIRTHDAY DATE (not on year of birth)

- Children (6 - 11 years)
- Cadets (12 – 14 years)
- Juniors (15 – 17 years)
- Seniors (18 - 35 years and above)
- Veterans (36 years and above)*

* Veterans wishing to compete in the Senior category are allowed to do so but then they cannot compete in the Veterans categories.

Inscription / Draws/ Payments

Inscription for this event must be done online through www.handlesport.com
Closing of the online inscription on **Tuesday February 16th, 2021 at 23.00 pm**

- Draws will be online on Thursday February 18th, 2021 from 23.00 pm [www.handlesport.com](http://www.handlesport.com)
- Payments of the competition inscription fees must be done in **cash** at the weigh in by the person in charge for the team/school
- With the enrollment closed, all registered athletes will have to pay the registration fee even if not attending.

N.B.: Each Club Director is responsible for the correct online registration of his/her athletes. Please check your lists carefully!

### Competition Entry Fees

- Children and Cadets € 35,00
- Juniors - Seniors – Veterans € 40,00

### Umpires

Any School/Club/Gym must participate with Umpire(s) according to the following:

- Up to 5 competitors: 0 **Umpire** / More than 5 competitors: 1 **Umpire**

School/Club/Gyms that do not participate with a requested Umpire shall pay - with no exception - the amount of **75 €** for the missing Umpire.

- Umpire outfit: dark blue or black pants, white shoes. The sponsor NI-KKO SPORT will provide a polo shirt to each Umpire.
- Umpires will be provided with lunch.
- Umpires shall receive compensation based on the role played during the event and only if officiating for **two (2) days**.
Coaches

- Coaches outfit: tracksuit, sport shoes, towel.

Inscription Fees Payment and Weigh In for Junior, Senior and Veteran

The Inscription fees payment and weigh in for Juniors, Seniors and Veterans will take place at

**Sports Hall PALATORRINO, Via Fiume Giallo 47, Roma**

<table>
<thead>
<tr>
<th>Day</th>
<th>Date</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Friday</td>
<td>19/02/2021</td>
<td>17.00 - 22.00 hrs</td>
</tr>
<tr>
<td>Saturday</td>
<td>20/02/2021</td>
<td>07.30 - 08.30 hrs</td>
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</tbody>
</table>

PLEASE NOTE: FOR THE BEST OF THE ORGANIZATION, WE STRONGLY RECOMMEND TO PROCEED FOR REGISTRATION AND WEIGH IN ON FRIDAY (from 17.00 to 22.00 hrs)

N.B.: Competitors **NOT** making the weight might be moved to a different category with an extra penalty fee of € 25,00

Each Club Director is responsible for the correct Handlesport online registration of his/her athletes. Please check your Handlesport registration carefully!

At weigh in ALL Competitors must wear dobok trousers and a T or polo shirt.
A tolerance of kg. **0,500** is accepted.

Inscription fees payment, Height measuring for Children and Weigh In for Cadets

The inscription fees payment, Height measuring for Children and Weigh In for Cadets will take place at the Sports Hall Palatorrino at the following settled time:

**Sunday 21/02/2021 from 7.30 am to 9.00 am**

At weight and height measuring ALL Competitors must wear dobok trousers and a T or polo shirt.
A tolerance of kg. **0,500** is accepted.

N.B.: Competitors **NOT** making the weight/height might be moved to a different category with an extra penalty fee of € 25,00.

N.B.: Each Club Director is responsible for the correct Handlesport registration of his/her athletes.

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Please check your lists carefully!

Sparring Equipment

Competitors must have the following equipment:

- Hand and foot gear (color is not important)
- **Red** and **Blue** Head gear depending on the draw
- **Transparent** mouth guard
- Groin guard (worn inside the dobok trousers).

Protest

The coach is the only one that might present a protest according the ITF Tournament rules. Protest fee: 100 €

**Competition Program – Saturday February 20th, 2021**

**COMPETITION ONLY FOR JUNIOR, SENIOR AND VETERAN**

**ALL BELTS AND DIVISIONS**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>07.30</td>
<td>Opening of the Sports Hall</td>
</tr>
<tr>
<td>07.30  - 08.30</td>
<td>Registration and Weigh In (*)</td>
</tr>
<tr>
<td>08.00</td>
<td>Umpire meeting</td>
</tr>
<tr>
<td>08.45</td>
<td>Participants lining up / Opening and speech</td>
</tr>
<tr>
<td>09.00</td>
<td>Competition starts</td>
</tr>
<tr>
<td>20.00</td>
<td>Competition ends</td>
</tr>
</tbody>
</table>

(*) PLEASE NOTE: FOR THE BEST OF THE ORGANIZATION WE STRONGLY RECOMMEND TO PROCEED FOR REGISTRATION AND WEIGH IN ON FRIDAY hrs 17-00-22.00 (see page 7)

[www.teambosroma.com](http://www.teambosroma.com) / [www.handleSport.com](http://www.handleSport.com) / [www.fitae-ITF.com](http://www.fitae-ITF.com)
Divisions/Categories on Saturday 20/02/2021

Junior (15-17 yrs) - Senior (18-35 yrs) - Veteran (+36 yrs)

Individual Pattern

Categories:
- Male Junior 15-17 years old
- Female Junior 15-17 years old
- Male Senior 18-35 years old
- Female Senior 18-35 years old
- Male Veterans 36 years and above
- Female Veterans 36 years and above

### Junior Individual (15-17 years old) Male and Female

<table>
<thead>
<tr>
<th>Belt Level</th>
<th>Pattern Type</th>
<th>From</th>
<th>To</th>
</tr>
</thead>
<tbody>
<tr>
<td>White belt/White superior</td>
<td>Competitors choice</td>
<td>Saju-Jirugi</td>
<td>Chon-Ji</td>
</tr>
<tr>
<td>Yellow belt/Yellow superior</td>
<td>Competitors choice</td>
<td>Chon-Ji</td>
<td>Do-San</td>
</tr>
<tr>
<td>Green belt/Green superior</td>
<td>Competitors choice</td>
<td>Chon-Ji</td>
<td>Yul-Gok</td>
</tr>
<tr>
<td>Blue belt/Blue superior</td>
<td>Competitors choice</td>
<td>Chon-Ji</td>
<td>Toi-Gye</td>
</tr>
<tr>
<td>Red belt/Red superior</td>
<td>Competitors choice</td>
<td>Chon-Ji</td>
<td>Choong-Moo</td>
</tr>
<tr>
<td>Black I degree</td>
<td>Umpire choice</td>
<td>Chon-Ji</td>
<td>Ge-Baek</td>
</tr>
<tr>
<td>Black II degree</td>
<td>Umpire choice</td>
<td>Chon-Ji</td>
<td>Ju-Che</td>
</tr>
<tr>
<td>Black III degree</td>
<td>Umpire choice</td>
<td>Chon-Ji</td>
<td>Choi-Yong</td>
</tr>
</tbody>
</table>

### Senior (18-35 years old) Individual Male and Female

<table>
<thead>
<tr>
<th>Belt Level</th>
<th>Pattern Type</th>
<th>From</th>
<th>To</th>
</tr>
</thead>
<tbody>
<tr>
<td>White belt/White superior</td>
<td>Competitors choice</td>
<td>Saju-Jirugi</td>
<td>Chon-Ji</td>
</tr>
<tr>
<td>Belt Division</td>
<td>Competitors choice</td>
<td>From</td>
<td>To</td>
</tr>
<tr>
<td>----------------------------</td>
<td>--------------------</td>
<td>------</td>
<td>---------</td>
</tr>
<tr>
<td>Yellow belt/Yellow superior</td>
<td>Competitors choice</td>
<td>Chon-Ji</td>
<td>Do-San</td>
</tr>
<tr>
<td>Green belt/Green superior</td>
<td>Competitors choice</td>
<td>Chon-Ji</td>
<td>Yul-Gok</td>
</tr>
<tr>
<td>Blue belt/Blue superior</td>
<td>Competitors choice</td>
<td>Chon-Ji</td>
<td>Toi-Gye</td>
</tr>
<tr>
<td>Red belt/Red superior</td>
<td>Competitors choice</td>
<td>Chon-Ji</td>
<td>Choong-Moo</td>
</tr>
<tr>
<td>Black I degree</td>
<td>Umpire choice</td>
<td>Chon-Ji</td>
<td>Ge-Baek</td>
</tr>
<tr>
<td>Black II degree</td>
<td>Umpire choice</td>
<td>Chon-Ji</td>
<td>Ju-Che</td>
</tr>
<tr>
<td>Black III degree</td>
<td>Umpire choice</td>
<td>Chon-Ji</td>
<td>Choi-Yong</td>
</tr>
<tr>
<td>Black IV to VI degree</td>
<td>Umpire choice</td>
<td>Chon-Ji</td>
<td>Moon-Moo</td>
</tr>
</tbody>
</table>

**Veteran (36 years and above) Male and Female**

<table>
<thead>
<tr>
<th>Belt Division</th>
<th>Competitors choice</th>
<th>From</th>
<th>To</th>
</tr>
</thead>
<tbody>
<tr>
<td>Black Belts &amp; Colored belts - one division</td>
<td>Competitors choice</td>
<td>Chon-Ji</td>
<td>Choong-Moo</td>
</tr>
</tbody>
</table>

- There must be at least two (2) competitors in any division and/or category.
- In case of only one (1) competitor, he/she will be included in a different category.
- Each bout consists of one pattern only.

### Individual Junior Sparring

- **Group 1**: white, yellow and greenbelts
- **Group 2**: blue and red belts
- **Group 3**: black belts

#### Weight class - Group 1, 2, 3

- Male -45 kg, -50 kg, -56 kg, -62 kg, -68 kg, -75 kg, +75 kg.
- Female - 42 kg, -48 kg, -55 kg, -62 kg, + 62 kg.

#### Duration of round - Group 1 and 2: 1 x 2 minutes

#### Duration of round - Group 3: 2 x 2 minutes

### Individual Senior Sparring

- **Group 1**: white, yellow and greenbelts
- **Group 2**: blue and red belts
- **Group 3**: black belts

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Weight class - Group 1, 2, 3
- Male -57 kg, -63 kg, -70 kg, -78 kg, -85 kg, +85 kg.
- Female -50 kg, -56 kg, -62 kg, -68 kg, +68 kg

Duration of round - Group 1 and 2: 1 x 2 minutes
Duration of round - Group 3: 2 x 2 minutes

- There must be at least two (2) competitors in any division and/or category.
- In case of only one (1) competitor, he/she will be included in a different category.

Individual Veteran Sparring

- Group 1: white, yellow and greenbelts
- Group 2: blue, red and blackbelts

Weight classes - Group 1 and/or 2
- Male -70 kg, +70 kg.
- Female -55 kg, +55 kg

Duration of round - Group 1 and 2: 1 x 2 minutes

- There must be at least two (2) competitors in any division and/or category.
- In case of only one (1) competitor, he/she will be included in a different category.

Attention please: participation is at your own risk. The organization is not responsible for any injury or other matter, which might happen during the event. We recommend that your competitors be in possession of an insurance, which covers any problem that might occur during traveling and participation to the event.

BLACK BELT GRAN CHAMPION
PATTERN & SPARRING WINNERS

Only the 1st place winners of the GRAN CHAMPION JUNIOR & SENIOR BLACK BELT M/F pattern and sparring categories will receive a big trophy.
07.30 Opening of the Sports Hall
07.30 – 9.00 Height measuring and Weigh In
08.30 Umpire meeting
09.15 Participants lining up / Opening and speech
09.30 Competition starts
17.00 Competition ends

Divisions/Categories

Children (6-11 years) on Sunday 21/02/2021

Individual Pattern / Individual Sparring / High Front Jumping kick /

Pattern Divisions:

- **Pulcini /Chicks** 6-7 years old (one category M/F)
- **Draghetti /Dragons** 8-9 years old (one category M/F)
- **Speranze /Kids** 10-11 years old (one category M/F)

<table>
<thead>
<tr>
<th>Belt Type</th>
<th>Division</th>
<th>Age Range</th>
<th>From</th>
<th>To</th>
</tr>
</thead>
<tbody>
<tr>
<td>White belt/White superior</td>
<td>Competitor free choice</td>
<td>Saju-Jirugi</td>
<td>Chon-Ji</td>
<td></td>
</tr>
<tr>
<td>Yellow belt/Yellow superior</td>
<td>Competitor free choice</td>
<td>Chon-Ji</td>
<td>Do-San</td>
<td></td>
</tr>
<tr>
<td>Green belt/Green superior</td>
<td>Competitor free choice</td>
<td>Chon-Ji</td>
<td>Yul-Gok</td>
<td></td>
</tr>
<tr>
<td>Blue belt/Blu sup.</td>
<td>Competitor free choice</td>
<td>Chon-Ji</td>
<td>Toi-Gye</td>
<td></td>
</tr>
<tr>
<td>Red belt/Red sup.</td>
<td>Competitor free choice</td>
<td>Chon-Ji</td>
<td>Choong-Moo</td>
<td></td>
</tr>
<tr>
<td>Black Belts</td>
<td>Umpire choice</td>
<td>Chon-Ji</td>
<td>Ge-Baek</td>
<td></td>
</tr>
</tbody>
</table>

Groups:

- There must be at least two (2) competitors in any division and/or category.
- In case of only one (1) competitor he/she will be included in a different category.
- Each bout consists of one pattern only.

Children Individual Continuous Sparring – No punching to the face!

Individual Sparring - Divisions

- **Pulcini /Chicks** 6-7 years old - Male
- **Pulcini /Chicks** 6-7 years old - Female
- **Draghetti /Dragons** 8-9 years old - Male
- **Draghetti /Dragons** 8-9 years old - Female
- **Speranze /Kids** 10-11 years old - Male
- **Speranze /Kids** 10-11 years old - Female

Groups:

- Group 1  white belts, yellow and green belts
- Group 2  blue, red and black belts

Height Class:

- **Pulcini /Chicks** (6-7 years) -125 cm / + 125 cm
- **Draghetti /Dragons** (8-9 years) -135 cm / + 135 cm
- **Speranze /Kids** (10-11 years) -145 cm / + 145 cm

Duration of round: 1 x 1.30 minutes

- There must be at least two (2) competitors in any division and/or category.
- In case of only one (1) competitor he/she will be included in a different category.

Children High Front Jumping Kick - Divisions

- **Pulcini /Chicks** 6 years old ( one belt category M/F)
- **Pulcini /Chicks** 7 years old ( one belt category M/F)
- **Draghetti /Dragons** 8 years old (one belt category M/F)
- **Draghetti /Dragons** 9 years old (one belt category M/F)
- **Speranze /Kids** 10 years old (one belt category M/F)
- **Speranze /Kids** 11 years old (one belt category M/F)

Cadets (12-14 years) on Sunday 23/02/2021

Individual Pattern / Individual Sparring / High Front Jumping Kick/

Individual Pattern - Cadets
Each bout consists of one pattern only.

Categories:

- Male Cadets 12-14 years old
- Female Cadets 12-14 years old

<table>
<thead>
<tr>
<th>Cadets (12-14) - Pattern</th>
<th>White belt/White superior</th>
<th>Competitors choice</th>
<th>from</th>
<th>Saju-Jirugi</th>
<th>to</th>
<th>Chon-Ji</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yellow belt/Yellow superior</td>
<td>Competitors choice</td>
<td>from</td>
<td>Chon-Ji</td>
<td>to</td>
<td>Do-San</td>
<td></td>
</tr>
<tr>
<td>Green belt/Green superior</td>
<td>Competitors choice</td>
<td>from</td>
<td>Chon-Ji</td>
<td>to</td>
<td>Yul-Gok</td>
<td></td>
</tr>
<tr>
<td>Blue belt/Blue superior</td>
<td>Competitors choice</td>
<td>from</td>
<td>Chon-Ji</td>
<td>to</td>
<td>Toi-Gye</td>
<td></td>
</tr>
<tr>
<td>Red belt/Red superior</td>
<td>Competitors choice</td>
<td>from</td>
<td>Chon-Ji</td>
<td>to</td>
<td>Choong-Moo</td>
<td></td>
</tr>
<tr>
<td>Black I and II degree</td>
<td>Umpire choice</td>
<td>from</td>
<td>Chon-Ji</td>
<td>to</td>
<td>Ge-Baek</td>
<td></td>
</tr>
</tbody>
</table>

Individual Sparring - Cadets

Age Divisions:
1. Male Cadets 12-14 years old
2. Female Cadets 12-14 years old

Division Cadets:

- Group 1 white and yellow belts
- Group 2 green and blue belts
- Group 3 red and black belts
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Weight Class

- Male  -40kg, -45 kg, -52 kg, -60 kg, +60 kg
- Female -35kg, -40 kg, -45 kg, -50 kg, + 50 kg

Duration of round: 1 x 2 minutes

- There must be at least two (2) competitors in any division and/or category.
- In case of only one (1) competitor he/she will be included in a different category.

Individual High Front Jumping Kick - Cadets

Age Divisions and categories:

- Male Cadets / 12-14 years old / one belt and height category
- Female Cadets / 12-14 years old / one belt and height category

We are looking forward to meeting you in Italy, please feel free to ask any question to:

extremefighters1@gmail.com