

# IAC BELGIUM 2023



10th & 11th June  
Ottignies-Louvain-  
la-Neuve

Belgium, 13<sup>th</sup> April 2023

Dear Grand Masters, Masters, Instructors and Students,

On behalf of the clubs ITF Brussels and Samjok-O - members of ITF Belgium - we have the great pleasure to invite you to the Second International Adapted Course (“IAC”) in Europe, which will be held in Ottignies-Louvain-la-Neuve, Belgium from 10<sup>th</sup> to 11<sup>th</sup> of June 2023. The event is supported by the Townhall of the city and promises to be an unforgettable event that will combine technical and social activities with a touch of local flavour.

The course will be conducted by the Chairman of the ITF Inclusion Committee, Master Leonardo Oros Duek, and will cover:

- (i) different pathologies,
  - (ii) how to approach students with special needs,
  - (iii) how to manage the relationship with the parents and the students, and
  - (iv) the teaching program,
- among other topics.

The course is addressed to red and black belts, although other colour belts with genuine interest would be welcomed. Upon completion of the course, participants will receive an Official IAC Certificate delivered by the ITF.

It will be a special opportunity to receive a unique and complete training for the second time in Europe.

We are looking forward to seeing you in Belgium in June!

Yours in Taekwon-Do,

Master Virginia Dionisi  
Vice-President AETF

Sabum Benito Martínez-Martínez  
Member AETF Inclusion Committee  
Chairman Inclusion Committee ITF Belgium

Email: [iacbelgium2023@gmail.com](mailto:iacbelgium2023@gmail.com)

Facebook event: IAC Belgium 2023



## 1. Date and Place of the Event

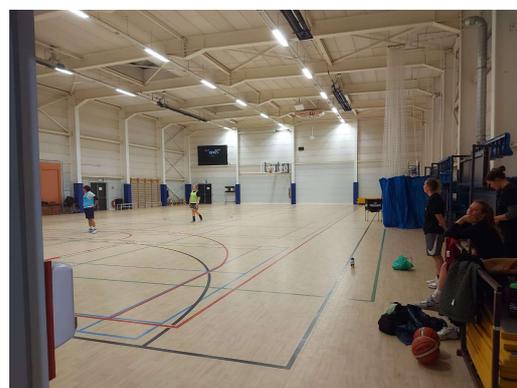
The IAC will be held in the city of Ottignies-Louvain-la-Neuve, Belgium from 10<sup>th</sup> to 11<sup>th</sup> of June 2023.

Ottignies-Louvain-la-Neuve is in the Walloon Brabant region and is located next to Brussels, the capital city of Belgium. In 2013 the city was granted the European EDEN (European Destinations of Excellence) label in 2013 on the theme of “Tourism and accessibility” thanks to its many assets and initiatives concerning accessibility. From the start, the city was designed with the idea of making it accessible to all, considering the needs of all its visitors, whatever their age or level of mobility. Therefore, is the ideal city to host the IAC.

In 2021, the municipality of Ottignies-Louvain-la-Neuve has been awarded the Adeps three-star label for its investments in sports development. It is the only municipality in Walloon Brabant to receive the highest distinction.

The venue, "Centre Sportif de la Plaine des Coquerees", is located at 35 km from Brussels Airport and 1,9 km from Ottignies railway station.

"Centre Sportif de la Plaine des Coquerees" :  
Rue des Coquerées 50a - 1341 Céroux-Mousty  
Website : [www.csli-olln.be](http://www.csli-olln.be)



During your stay, you may combine the IAC with additional activities. If you want to know what to do in the city or nearby, visit the website of the tourism office:

<https://en.tourisme-olln.be/>

## 2. IAC fees – Organization fee – Banquet – Book

Kup/Degree	IAC participation fee	IAC organisation fee	Banquet	Book
2 Kup - 6 Degree	90 €	60 €	55 €	20€
7 - 8 Degree	45 €	60 €	55 €	20€
9 Degree	0€	60 €	55 €	20€

## 3. Pre-registration

All participants must pre-register to the IAC at the latest by 25<sup>th</sup> May 2023. Pre-registration is a two-step process:

### 3.1. Organizer registration

The registration to the organizer must be done by sending the registration form to the following email address: [iacbelgium2023@gmail.com](mailto:iacbelgium2023@gmail.com).

Upon reception of your registration and proof of payment you will receive a confirmation email.

For organizational reasons, please make the registrations as soon as possible, but at the latest by 25<sup>th</sup> May 2023.

### 3.2. ITF registration

The participants must also register to the official ITF database which is managed by your national organization. Please contact your instructor/national organization to be registered on the ITF database.

For organizational reasons, please make the registrations as soon as possible, but at the latest by 25<sup>th</sup> May 2023.

## 4. Payment

For organizational reasons the IAC participation fee, the organization fee and the optional banquet/book fees must be paid in advance by bank transfer, before the 25<sup>th</sup> May 2023, to the following bank account and with the following reference:

Bank: BNP Paribas Fortis SA

Bank number: IBAN: BE71001676807169

BIC GEBABEBB

Beneficiary: ITF Brussels asbl

Reference: IAC Belgium 2023 – Participant name and surname – IAC fee/organization fee/banquet/book (please indicate what is applicable to you)

All fees related to the bank transfer must be paid by the participant. Upon reception of your payment/s the registration and/or participation to the banquet will be confirmed. You will receive an electronic invoice with the details of your booking.

## 5. Registration

Registration will be done at the venue on Saturday morning, between 9:00-9:30 hs.

## 6. Course and Activities – Schedule

### Saturday 10<sup>th</sup> June 2023

10:00 - 13:00: course part 1

13:00 - 14:00: lunch

14:00 - 17:30: course part 2

19:00: walking tour at Louvain-la-Neuve (optional)

19:30: banquet (optional)

### Sunday 11<sup>th</sup> June 2023

10:00 - 13:00: course part 3

13:00 - 14:00: lunch

14:00 - 15:30: course part 4

Closing ceremony

## 7. Accommodation

The easiest option is to book a room from hotel Martin's or at the gite Mosaik which are both at very short walking distance, conveniently located in the city centre of Louvain-la-Neuve, and near the venue.

## 7.1. Hotel Martin's



Prices (as from):

-single room 121,50 EUR/night (breakfast included)

-double room 134 EUR/night (breakfast included)

Reservation can be done directly:

Phone: +32 10 77 20 20

Website: [Martin's Louvain-la-Neuve | Innovation & Lifestyle | Hotel \(martinshotels.com\)](https://martinshotels.com)

## 7.2. Gite Mosaik



Prices (as from):

-double room 90 EUR/night (breakfast included). But there are dormitories that can accommodate groups of 4 people or more. Contact the hotel for information.

Reservation can be done directly:

Phone: +32 22 09 03 00

Website: <https://www.kaleo-asbl.be/fr/gites/louvain-la-neuve/>

We recommend you book the hotel as soon as possible, because June is a high demand season.

## **8. Transportation to the Sport-Hall**

For the people lodging at Martin's hotel or Mosaik, the townhall of Ottignies-Louvain-la-Neuve will offer a free-of-charge shuttle from the hotel to the venue and vice-versa on Saturday, and from the hotel to the venue on Sunday morning. This free-of-charge service is limited to 30 people. The "first come first served" principle will be applied. So, if you want to benefit from this service, you will need to indicate it in the registration form.

## **9. Meals**

There is a cafeteria in the sports hall where you can order sandwiches, snacks and meals. If you want to order your meal in advance at the cafeteria you can do it upon your arrival at the sports hall.

There are many grocery stores and restaurants in the centre of Louvain-la-Neuve, where you can buy your meals in advance.

## **10. Walking Tour at Louvain-la-Neuve**

The townhall of Ottignies-Louvain-la-Neuve will offer a free-of-charge walking tour to all participants before the banquet. The meeting point will be communicated during the seminar, but it will probably be in front of the Hotel Mosaik or Martin's. It will be a nice opportunity to get familiar with the city that hosts the event and socialize with the other participants. You can participate at the walking tour even if you are not registered for the banquet.

## **11. Banquet**

The banquet will be held on Saturday 10<sup>th</sup> June at the Hotel Martin's at 19:30 hs.

It will include a 2 courses dinner (main dish and dessert) and beverages (soft drinks, water and coffee). There will be a special menu for kids. People wishing to participate in the banquet must indicate it on the registration form.

Please note that there is a limited number of seats. The "first come first served" principle will be applied.



## 12. How to Arrive

Ottignies-Louvain-la-Neuve is located right next to Brussels. From abroad, you can get to Brussels by airplane, bus, train or by car. Or you can get to Charleroi (Brussels South airport) by plane.

Brussels airport (Zaventem) is 33 km from Ottignies-Louvain-la-Neuve (IAC venue/hotel). Most of the major cities in Europe have direct connections to Brussels. You can use public transportation, train, Uber, taxi or car to get to Ottignies.

You can plan your trip by train: [www.belgiantrain.be](http://www.belgiantrain.be). You can take the train at Brussels airport and go directly to “Louvain-la-Neuve” changing train only once. The trip will take approximately one hour.

From Brussels airport to Ottignies an Uber costs approximately 75€.

Brussels South airport (Charleroi) is 38 kms from Ottignies-Louvain-la-Neuve (IAC venue/hotel). You can take the train near the airport and go to “Louvain-la-Neuve”. The trip will take approximately one hour and a half. You can plan your trip by train: [www.belgiantrain.be](http://www.belgiantrain.be).

If you prefer a private transfer, please contact us.

## 13. Any additional help?

If you have questions or need some help, please contact us at: [iacbelgium2023@gmail.com](mailto:iacbelgium2023@gmail.com)

Please visit regularly the Facebook page of the event, we will be posting useful information to keep you updated!