International Kids Course

# 

Jyväskylä, Finland 15.-16.3.2025











# INVITATION TO INTERNATIONAL KIDS COURSE

Jyväskylä 15.-16.3.2025 / Jyväskylä, Finland 15.-16.3.2025

Hyvät mestarit, opettajat, ohjaajat ja seuratoimijat,

Meillä on ilo kutsua teidät Suomen ITF Taekwon-Don ja Jyväskylän ITF Taekwon-Don yhteistyössä järjestämään Taekwon-Do Kids -ohjaajakoulutukseen 15.–16.3.2025 Jyväskylässä.

Taekwon-Do Kids on suurmestari Donato Nardizzin, 9. Dan, kehittämä 3–7-vuotiaille lapsille suunnattu opetusohjelma, jossa opetetaan Taekwon-Doa ja elämäntaitoja lapsille ikätasoisin opetusmenetelmin. Opetusohjelmaan sisältyy mm. suomenkielinen oppilaan kirja sekä englanninkielinen ohjaajan opas. Koulutuksesta on hyötyä myös vanhempia junioreita ohjaaville.

Nyt järjestettävään ohjaajakoulutukseen voivat osallistua kaikki Suomen ITF Taekwon-Do ry:n lisensoidut jäsenet, jotka ovat vyöarvoltaan vähintään 4. gup. Koulutus on suunnattu seuroissa harjoituksia ohjaaville tai apuohjaaville tai siitä kiinnostuneille harrastajille.

Koulutuksen pitää suurmestari Donato Nardizzi, 9. Dan. Koulutuksen opetuskieli on englanti. Suomenkielistä käännöstä on mahdollista saada tarvittaessa.

### Tervetuloa!

Dear Grand Masters, Masters, Instructors and Taekwon-Do practitioners,

We are proud to invite you to the International Kids Course in Jyväskylä, Finland, on 15.–16.3.2025. The course is organized by ITF Taekwon-Do Finland and Jyväskylän ITF Taekwon-Do in co-operation with International Taekwon-Do Federation.

Taekwon-Do Kids is a program created by Grand Master Donato Nardizzi, 9th Degree, to teach Taekwon-Do and life skills to 3–7-year-old children through age-appropriate teaching methods. The program is structured with a study book and an instructor's guide. This International Kids Course is also useful for instructors who teach older children.

This edition of the International Kids Course is open to all ITF members from blue belt to black belt. The course is designed for people who teach or assist with Taekwon-Do classes in their club or are interested in doing so in the future.

The course will be taught by Grand Master Donato Nardizzi, 9th Degree. The course will be taught in English.

Welcome!

### Contact e-mail:

ikcfinland2025@taekwon-do.fi

### Website:

https://taekwon-do.fi/ikcfinland2025/

### Facebook-event:

https://www.facebook.com/events/619805434059047

Please be wary of any other Facebook events or pages that may be fraudulently created before the event. If you suspect a fraud, please contact the above-mentioned e-mail address about it.

# Date and venue

IKC Finland 2025 will be held in the city of Jyväskylä on 15th and 16th March, 2025. Jyväskylä is located 270 km from Helsinki, the capital of Finland.

Venue: Kuokkalan graniitti

Address: Pohjanlahdentie 12, 40520 Jyväskylä (Halli 1)

Dinner party and sauna is at Solo Sokos Hotel Paviljonki.

Address: Lutakonaukio 10, 40100 Jyväskylä

# Registration

All participants must register to the IKC **by February 25th 2025** at the latest. However, participants should register as soon as possible, as the number of places is limited. Registration is a two-step process:

### 1. Organizer registration

The registration to the organizer is done using ITF Finland's online system (TKDMAN). Please contact Mr Lasse Kuusisto to get your credentials to the database: lasse.kuusisto@taekwon-do.fi

### 2. ITF registration

The participants must also register to the official ITF database. This is done through your national organization.

Please complete **both steps** of the registration as soon as possible, but **by February 25th 2025** at the latest.

# Check-in

The meeting point for check-in will be at the venue. Check-in will be open on Saturday March 15th at 10:00 to 10:45.

# **Tuition fees**

Degree	Course fee	Organizing fee	TOTAL
4th gup to 6th degree	75€	60 €	135 €
7th to 8th degree	65€	60 €	125€
9th degree	0 €	60 €	60 €

Optional fees	
Dinner party and sauna on Saturday	50 €

# **Payment**

An invoice with payment details will be sent to the participants' clubs after the final registration deadline.

### Cancellation policy after the final registration deadline

- The organizing fee is non-refundable under any circumstances related to either traveling issues (visas, flight delays, etc.) or medical issues.
- The dinner party and sauna fee is non-refundable but it is transferable to another person.
- The course fee will be 85 % refundable.

# Course schedule

### Saturday March 15th

11:00 - 14:00	Course part 1	
14:00 - 15:30	Lunch break	
15:30 - 18:30	Course part 2	
19:30	Dinner party and sauna (optional)	

### **Sunday March 16th**

10:30 - 13:30	Course part 3	
13:30 - 15:00	Lunch	
	(ITF Taekwon-Do Finland Instructor Committee meeting, 4th–9th Dan)	
15:00 - 18:00	Course part 4	
18:00	Closing ceremony of the IKC	

# Accommodation

Each participant is responsible for booking their own accommodation in Jyväskylä. We recommend booking accommodation in the center of Jyväskylä.

There are several hotels in Jyväskylä. Here are some of the options to choose from:

- Solo Sokos Hotel Paviljonki
- Greenstar Hotel (Local transport runs directly in front of the hotel to the venue)

# Local transportation

We call local transport buses "Linkki". Several buses go to the district of the venue.

It is customary to thank the bus driver for the trip when you get off the bus. You can wave and shout "Thank you" when leaving the bus.

## Meals

There are a few restaurants near the venue for a lunch break:

- Kotipizza Jyväskylä Kuokkala (600 m)
- Kuokkalan Kebab Pizzeria (600 m)
- Caffitella Prisma Keljo (3,8 km)
- Burger King Keljo (3,8 km)
- Hesburger Keljo (3,8 km)
- Subway Citymarket Keljo (3,8 km)

Many other restaurants are available through the delivery apps Wolt and Foodora and can be used to preorder lunch to be delivered at the start of the lunch break.

# Dinner party and sauna

A dinner party with an opportunity to relax and share experiences with other participants will be arranged on Saturday evening March 15th starting at 19:30.

People wishing to participate in the dinner should indicate this on their online registration form.

# Traveling to Jyväskylä

### How to get to Jyväskylä by air?

1) The nearest airport is in Jyväskylä.

How to get to Jyväskylä city center from Jyväskylä airport?

- The best way to get to the city center from Jyväskylä airport is by **taxi**. Taxis operating in the Jyväskylä region wait in front of the airport when flights arrive. If you want to secure a taxi
- There is no **bus** service between Jyväskylä city center and the airport.
- There is no **train** connection service between Jyväskylä city and the airport.

2) Another option is <u>Helsinki-Vantaa airport</u>. (260 km from Jyväskylä)

### How to get to Jyväskylä from Helsinki-Vantaa airport?

- The cheapest way to get from Helsinki-Vantaa airport to Jyväskylä is by bus. You can plan your trip on Matkahuolto website
- You can consider other transport connections from Helsinki Airport to Jyväskylä at https://www.finavia.fi/fi/lentoasemat/helsinki-vantaa

### **Transportation in Finland**

- The fastest and cheapest transport connection from Northern Finland is the bus.
- There are many trains and buses from Southern Finland to Jyväskylä.