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# **AETF Technical Committee - Terms of Reference**

### 1. Introduction

The **AETF Technical Committee** is responsible for maintaining and improving the technical standards of ITF Taekwon-Do across Europe. This includes ensuring that instructors, athletes, and national federations follow consistent and high-level technical guidelines. The committee also works on innovating and modernising Taekwon-Do training methods while respecting its traditional values.

The evolution of Taekwon-Do requires a constant update of teaching methodologies and technical standards. The Technical Committee must lead this change, ensuring that European practitioners remain at the forefront of international Taekwon-Do.

### 2. Roles and Responsibilities

The Technical Committee will:

- Conduct instructor training courses to maintain high teaching standards.
- Develop programs covering all disciplines of Taekwon-Do ITF.
- Assist member countries in **developing their national Taekwon-Do** syllabus.
- Organise an **exclusive Masters Summit** to exchange knowledge at the highest level.
- Encourage innovation in Taekwon-Do techniques and teaching methods to align with modern training needs.

#### 3. Implementation Plan

- Establish a structured instructor certification process.
- Provide **resources and standardised teaching materials** for national federations.



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- Work closely with **high-level Masters and Grandmasters** to ensure top-tier training.
- Develop **digital learning platforms** to modernise Taekwon-Do education.
- Analyse and integrate modern sports science principles to optimise training methodologies.

## 4. Collaboration & Reporting

- **Reports to**: AETF Board of Directors.
- Works closely with: Umpire Committee, Development Committee, Inclusion Committee, Technical Director, ITF Technical Committee.
- External Partners: International Masters, Sports Science Experts.
- **Reporting Frequency**: Quarterly reports on progress and impact.

## 5. Conclusion

The **Technical Committee** is the backbone of high-level Taekwon-Do instruction in Europe. By fostering technical excellence, innovation, and modernisation in training, it ensures that European practitioners remain competitive on the global stage.

Moving forward, integrating new training technologies, optimising methodologies based on sports science, and ensuring continuous instructor education will be essential for the evolution of Taekwon-Do ITF.